

## Information

### The Approach

Ratan Veer Nature Institute & Research Centre is located at Bidada, on Mandvi – Mundra Highway, 60 Km away from Bhuj. Bhuj is connected by trains from Ahmedabad, Mumbai, Chennai, Delhi and Bangalore. For Bhuj and Kandla flights are available from Mumbai.

Guest are requested to carry:

- All medical reports & investigations.
- Walking shoes & track Suit for yoga.
- Medicines taking presently.
- Toiletries, napkins, bath towels.

Notes :

- Minimum stay at centre is of 3 days.
- Charges for all days should be deposited at the time of admission.
- All cancellations must be informed at least 7 days in advance to the office in writing / e-mail or fax.
- Management will not be responsible for any losses.
- Do not leave the premises without the permission of the doctor.
- Please reach the institute only when your booking is confirmed. If there is no vacancy, it may lead to inconvenience.
- Alcohol, Smoking, Zarda, Pan Masala tobacco, soft drinks, non-vegetarians and any other outside foods are STRICTLY prohibited. In-discipline will not be tolerated.
- All the extensions are subject to availability of accommodation and CMO's approval.
- Sunday will remain half day.
- All the treatments and diet will be given according to the doctor's prescription.
- Rules & regulation of Ratan Veer Nature Cure Centre will be applied
- For all disputes, Bidada is the jurisdiction.



Other Facilities at  
K.M. Patel Arogyadham

Resident Doctors  
Ophthalmologist, Dentist, Gynaecologist,  
Physician, Pathologist & Sonologist

Visiting Doctors  
Physician, General Surgeon, Radiologist,  
Orthopedic Surgeon,  
Skin Specialist, Cardiology ENT Surgeon

Rehabilitation Centre  
Physiotherapy  
Occupational Therapy  
Prosthetic & Orthotic

REGULAR INDOOR AND OUTDOOR CAMPS  
FOR ALL MEDICAL FACILITIES

- 24 HOUR AMBULANCE SERVICE
- EXPERIENCED AND DEDICATED STAFF



SHREE BIDADA SARVODAYA TRUST SANCHALIT  
SHRI K. M. PATEL AROGYADHAM

Bidada - Kutch, Gujarat - 370435, India  
Mobile : 8347244445, Tel: 02834 244445/44, Reception : 8153844445  
E-mail: info@ratanveer.com / ratanveernaturecure@yahoo.com  
Web : www.ratanveer.com / www.bidada.org



## RATAN VEER NATURE CURE INSTITUTE & RESEARCH CENTRE

Experience the Heaven of the Earth



A Complete Health Destination

The Medicinal therapy,  
which totally removes the diseases from  
your body without side effects,  
is the best therapy.

RATAN VEER NATURE CURE INSTITUTE & RESEARCH CENTRE is a destination for vacation of a lifetime. It is located in a green belt in 7 acres of site with rich, verdant beauty, in sharp contract with modern required needs like Natural Treatments, Ayurvedic, Gymnasium & Health Club, Herbal Spa and Club House. It is ultimate architectural dream. It is planned for every modern comfort, event retains a sense of ethnic simplicity and minimalist charm. Creating a setting and atmosphere that calms the senses and uplifts one's spirit. A welcome break from the noise and un-necessary materialism of modern city life.

Gradually man is becoming a victim, initially to taste and enjoyment and finally to different diseases. Nature Cure system strikes the disease at its rock bottom and cleanses the blood and body by the virtue of its ability and recuperative powers. The trust is striving to educate the masses about prevention of diseases by leading a natural life with the constructive principles of Mother Nature. Health is an entity which can be sought only by obeying/respecting nature's laws.

II Dharmartha Kama Mokshanam  
Arogyam Moolamuttamum II

Health is the pre requisite of all human beings to lead a righteous life, to earn.

Ailments Treated

Asthma, Diabetes, Arthritis, High Blood Pressure, Obesity, Amoebiasis, Cervical & Lumbar Spondylitis, Sinusitis, Bronchitis, Indigestion, Hepatitis, Ulcers, Myopia, Hyper Metropia, Glaucoma, Constipation, Gastritis, High Uric Acid, Allergies, Irregular Menses, Leucorrhoea, Migraine, Urinary Tract Infection, Sterility, Nervous Debility, Paralysis, Rheumatism.

Ailments not to be treated

Bed ridden, Cancer, Leprosy, Tuberculosis, Unstable Heart Diseases, Advanced Kidney diseases, Epilepsy, Pregnant, Hernias, Infective and Consumptive diseases, Recent surgery (Below six months)

Accommodation Tariffs  
Occupancy (Rs.) is per Day per Person

Room	Single Occupancy	Double Occupancy
Super Ward	800/-	-----
Deluxe Non A.C.	1500/-	2000/-
Deluxe A.C.	2200/-	3000/-
Deluxe Suite	3500/-	4500/-

Above Accommodation Charges include all kinds of diet, Non Chargeable Treatment, Counseling and Meditation/Yoga.

Non Chargeable Treatment included in accommodation  
Charges are : (As per ailments)

Abdomen/Neck/Knee Packs	Kidney Pack
Enema	Local Steam
Foot & Arm Bath	Magneto Therapy
Gastro Hepatic Pack	Mud Pack
Hip Bath	Reflexology
Hot & Cold Fomentations	Spinal Pack
Hot Foot Bath	Wet Sheet Pack
Ice Applications	

Spa Treatment

	Duration (Mints)	Charges (Rs.)
Coconut Oil Massage	45	400/-
Relaxation	45	450/-
Olive Oil Massage	45	500/-
Almond Oil Massage	45	500/-
Full Body Exfoliation	90	1500/-

"Nature Heals, We Treat"

Chargeable Treatment  
Duration (Mint.)

Acupuncture	20	150/-
Colon Hydrotherapy	40	1800/-
DMSO Application (Per Body Area)	-	100/-
E.M.S (Body Slimming)	40	100/-
Full Body Acupressure (Shiatsu)	45	500/-
Full Body Aloe vera App	40	100/-
Full Body Immersion With Epsom Salt	30	500/-
Full Body Oil Massage	45	300/-
Yoga Session	30	150/-
Hot Foot Bath With Epsom Salt	20	100/-
Laghu Shankha Prakshalana (LSP)	-	200/-
Moxibustion (Per Body Area)	20	50/-
Mud Bath	40	200/-
Special Mud Bath	40	300/-
Spinal Bath	20	50/-
Spinal Spray	20	50/-
Steam Bath	15	100/-
Underwater Massage	30	150/-
Nassyam	20	200/-
Head Massage	20	200/-
Local Potli Massage	30	300/-
Kati Basti	30	300/-
Janu Basti	30	300/-
Griva Basti	30	300/-
Netra Tarpan	30	300/-
Navarakizhi Partial	30	350/-
Ayurvedic Massage	45	500/-
Maroondhara	45	600/-
Synchronized Massage	45	600/-
Full Body Potli Massage	50	700/-
Takradhara	50	700/-
Udwarthanam	45	700/-
Navarakizhi	45	700/-
Shiro Basti	45	700/-
Shirodhara	50	800/-
Ksheerdhara	50	800/-
Pizhichil	50	800/-



- The above mentioned rates are per sitting.
- Use of any instrument like needles, packs etc, will be charged as per use.
- All rates are subject to change without notice.